





JANUARY MENU



January

M	Tu	W	Th	F
3 TEACHER INSTITUTE DAY NO SCHOOL	4 IW WG PRETZEL 3OZ. CUP OF CHEDDAR CHEESE DIP LS CORN PINEAPPLE	5 IW PEPPERONI PIZZA W/WG CRUST LS GREEN BEANS DRAGON PUNCH JUICE MANDARIN ORANGES	6 IW WG CHICKEN TENDERS IW TATOR TOTS LS CORN DICED PEARS	7 IW WG BOSCO STICKS MARINARA SAUCE LETTUCE SALAD DRAGON PUNCH APPLE SLICES
10 IW WG CHICKEN PATTY ON WG BUN BAKED LAYS SUNSET SIP JUICE PEACHES	11 IW WG TORTILLA CHIPS 3 OZ OF CHEEZY MEAT SAUCE SALSA LS CORN PINEAPPLE & MANDARIN ORANGE MIX	12 IW CHEESE PIZZA W/WG CRUST LS GREEN BEANS DRAGON PUNCH JUICE DICED PEARS IW BENEFIT CC COOKIE	13 IW WG CORN DOGS IW SPUDSTERS LS BAKED BEANS MIXED FRUIT CUP 	14 11:30 DISMISSAL SACK LUNCHES WILL BE SENT HOME IW WG PRETZEL W/3OZ. CHEDDAR CHEESE DIP LETTUCE SALAD WANGO MANGO JUICE IW STRING CHEESE IW APPLE SLICES
17 MARTIN LUTHER KING HOLIDAY NO SCHOOL 	18 IW CHEESEBURGER ON WG BUN BAKED LAYS LS CORN MIXED FRUIT	19 IW PEPPERONI PIZZA W/WG CRUST LS PEAS & CARROTS MANGO WANGO JUICE DICED PEACHES	20 IW WG BURRITO SPANISH BROWN RICE DRAGON PUNCH JUICE PINEAPPLE & MANDARIN ORANGE MIX	21 IW WG BOSCO STICKS MARINARA SAUCE LETTUCE SALAD LS BAKED BEANS APPLE SAUCE I
24 IW WG CHICKEN TENDERS IW POTATO SMILES LS CORN MANDARIN ORANGES	25 IW BOWL OF CHILI 2 OZ OF CHEDDAR CHEESE IW WG CORN BREAD SUNSET SIP JUICE MIXED FRUIT CUP	26 IW CHEESE PIZZA W/WG CRUST LS GREEN BEANS DRAGON PUNCH JUICE DICED PEARS	27 IW WG FRENCH TOAST STICKS IW SAUSAGE LINKS IW TATOR TOTS PINEAPPLE CUP	28 IW WG PRETZEL 3OZ. CUP OF CHEDDAR CHEESE DIP LETTUCE SALAD WANGO MANGO JUICE IW STRING CHEESE IW APPLE SLICES
31 WG CHICKEN NUGGETS IW POTATO STARZ CARROTEENIES APPLESAUCE	1 IW CHEESEBURGER ON WG BUN BAKED LAYS LS BAKED BEANS MIXED FRUIT CUP	2 IW PEPPERONI PIZZA W/WG CRUST LS PEAS & CARROTS MANGO WANGO JUICE MANDARIN ORANGES	3 IW WG CHICKEN/TURKEY/HAM & CHEESE SANDWICH BAG OF WG PRETZELS DRAGON PUNCH JUICE DICED PEARS	4 IW WG BOSCO STICKS MARINARA SAUCE LETTUCE SALAD LS GREEN BEANS PEACH CUP

DURING THE COVID PANDEMIC, ALL BREAKFASTS AND LUNCHES ARE FREE

ANY EXTRA MILK OR MILK FOR COLD LUNCH STUDENTS IS .40 PER CARTON

PLEASE REMIND YOUR CHILD TO COME TO THE CAFETERIA FIRST THING IN THE MORNING,

IF THEY WISH TO EAT BREAKFAST

MENU SUBJECT TO CHANGE DUE TO GOVERNMENT COMMODITIES ON HAND



ALL BREAKFASTS INCLUDE COLD MILK
VARIETY OF WG CEREAL, WG BREAD
COMPONET & 100% JUICE OR FRUIT CUP
OR

PEANUT & JELLY ON WG BREAD, WG BREAD
COMPONET & 100% JUICE OR FRUIT CUP



IW = INDIVIDUALLY
WRAPPED

WG = WHOLE GRAIN

LS = LOW SODIUM

RF = REDUCED FAT

W/ = WITH



ALL LUNCHES INCLUDE COLD MILK
1% WHITE MILK OR
SKIM CHOCOLATE MILK

EXTRA MILK IS .40 PER CARTON

