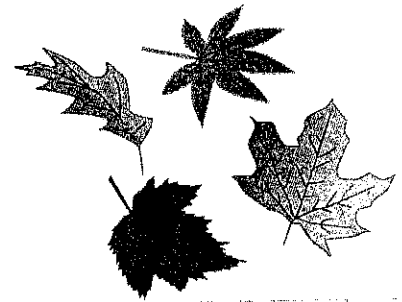
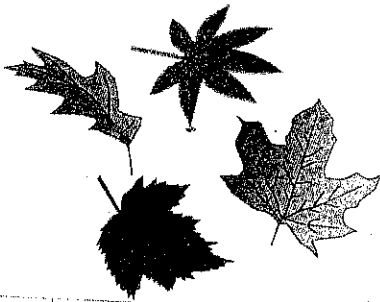


SEPTEMBER MENU



M	Tu	W	Th	F
31 IW ORANGE CHICKEN/FRIED BROWN RICE BOAT TOSSED SALAD W/RANCH DIP PINEAPPLE	1 IW WG NACHOS W/CHEEZY MEAT SAUCE LS FIESTA CORN MANGO WANGO JUICE MANDARIN ORANGES	2 IW WG CRUST PEPPERONI PIZZA CARROTEENIES W/PB CUP LS GREEN BEANS APPLESAUCE CUP WG BENEFIT CC COOKIE	3 IW WG GRAPE PB & J WG HARVEST LF LS STRING CHEESE CHEDDAR SUNCHIPS CELERY STICKS W/RANCH DIP PEAR CUP	4 11:20 DISMISSAL IW WG CHICKEN TENDERS SPUDSTERS LS CORN ORANGE SLICES
7 LABOR DAY HOLIDAY NO SCHOOL	8 WG CHICKEN QUESADILLA SPANISH BROWN RICE FIESTA CORN MANDARIN ORANGE CUP	9 IW WG CHEESE PIZZA CARROTEENIES W/RANCH CUP LS GREEN BEANS PEAR CUP	10 IW CHEESE BURGER ON WG BUN TATOR TOTS LF LS COLBY/JACK CHEESE STICK SUNSET SIP PINEAPPLE CUP	11 IW HOT DOG ON WG BUN BAKED LAYS POTATO CHIPS LF LS STRING CHEESE TOSSED SALAD W/RANCH DRESSING BANANA
14 IW WG CHICKEN PATTY ON WG BUN OVEN FRIES LS GREEN BEANS MIXED FRUIT CUP	15 IW BEEF CHALUPA SPANISH BROWN RICE FIESTA CORN PINEAPPLE CUP	16 IW WG CRUST PEPPERONI PIZZA CARROTEENIES W/PB CUP LS GREEN BEANS APPLE SLICES	17 IW WG CHICKEN NUGGETS LS POTATO SMILES LS BAKED BEANS PEACH CUP	18 IW LS TURKEY W/AM. CHEESE ON WG BUN WG CHEDDAR CHEESE GOLDFISH TOSSED SALAD W/RANCH DRESSING BANANA
21 IW ORANGE CHICKEN/FRIED BROWN RICE BOAT TOSSED SALAD W/ITALIAN DRESSING PINEAPPLE	22 IW WG NACHOS W/CHEEZY MEAT SAUCE LS FIESTA CORN MANGO WANGO JUICE MANDARIN ORANGES	23 IW WG CRUST CHEESE PIZZA CARROTEENIES W/RANCH CUP LS GREEN BEANS APPLESAUCE CUP WG BENEFIT CC COOKIE	24 IW WG GRAPE PB & J WG LS MAC N CHEESE CUP CELERY STICKS W/PB DIP PEAR CUP	25 IW WG CHICKEN TENDERS SPUDSTERS LS BAKED BEANS ORANGE SLICES WG RICE KRISPIE TREAT
28 WG CHICKEN NUGGETS POTATO SMILES LETTUCE SALAD W/RANCH DRESSING APPLE SLICES	29 WG TORNADOS SPANISH BROWN RICE FIESTA CORN PINEAPPLE CUP	30 IW WG PEPPERONI PIZZA CARROT AND CELERY STICKS W/PB CUP LS GREEN BEANS MIXED FRUIT CUP	1 WG FRENCH TOAST STICKS LS SAUSAGE LINKS BREAKFAST CUBES PEAR CUP	2 IW GRILLED CHEESE SANDWICH WG LS MAC N CHEESE CUP LETTUCE SALAD W/ITALIAN DRESSING PEACH CUP



ALL BREAKFASTS INCLUDE COLD MILK
VARIETY OF WG CEREAL, WG BREAD
COMPONENT & 100% JUICE
OR
WG PEANUTBUTTER & JELLY, WG BREAD
COMPONENT & 100% JUICE

REGULAR PRICED BREAKFAST IS \$2.00 PER DAY
REDUCED PRICE LUNCH IS 30 CENTS PER DAY

WG = WHOLE GRAIN
LS = LOW SODIUM
RF = REDUCED FAT
W/ = WITH

ALL LUNCHES INCLUDE COLD MILK
1% WHITE MILK OR SKIM CHOCOLATE MILK

EXTRA MILK IS 40 CENTS PER CARTON

REGULAR PRICED LUNCH IS \$3.00 PER DAY
REDUCED PRICE IS 40 CENTS PER DAY

MENU SUBJECT TO CHANGE DUE TO GOVERNMENT COMMODITIES ON HAND

PLEASE MAKE SURE YOUR CHILD HAS SUFFICIENT FUNDS IN HIS/HER ACCOUNT